Sierra High Route

Logistics Itinerary	Days	Avg Miles
Two pronged approach to deciding how to start the route. Reno arbitrary meet (family shuttle help).		
	12	16.25
1) Start from East side and Onion Valley TH. Adds 20 mile hike/1 day. Permit easy at this trailhead.	13	15
But allows car shuttle to be made easy at finish of route. I have brother to shuttle us to here, then take car back etc.	14	14
	15	13

²⁾ Start from West side and Road's End - Kings Canyon. Involves 300 mile one way shuttle from West side back to East side. Eliminates the extra hiking day and 20 miles.

3) Re-supply at Reds Meadow, day 8. Also at TM for last few days is an option. Days marked in RED.

Day OPT day 1	Camp	Task Onion Valley over Kearsarge down Bubbs	Notes Long trail miles-20- but all trail- easy Permit!	13 & 15 Mileage 20	Cumulative	Remaining 195
1	1	Copper Cr trail to Glacier Lake area	5,000' gain 3 passes heaviest pack	12.5	12.5	182.5
2	2	Glacier Lake to Upper Basin area	Camp before JMT intersection-then hit trail section in AM	14	26.5	168.5
3	3	Upper Basin via JMT to La Conte Can	Multiple campsites in Pete Meadow areas	16	42.5	152.5
4	4	La Conte Canyon to Upper Golden Tr Lake	Long miles-15 mi on JMT over Frozen Tongue in PM!	22	64.5	130.5
5	5	Upper Golden to Bear Lakes area	Camp Bearpaw lake?	14	78.5	116.5
6	6	Bear Lakes to Laurel lake-Bighorn Pass	Laurel Lake just below Bighorn Pass	16	94.5	100.5
7	7	Laurel Lake to Deer Lake	Camp Deer Lake area - easy day to Re-supply at Red's	15.5	110	85
8	8	Deer lake to Red's easy day	What to do after re-supply? Go on or stay? See Postpiles	9	119	76
9	9	Red's to Thousand Island Lake	Camp Thousand Island Lake!!!!!	16	135	60
10	10	Thousand Island to Lyell Fork	Camp Lyell Fork? Push to Vogelsang Lake? @ mi 159?	17	152	43
11	11	Lyell Fork to Tuolumne Meadow Lodge	Camp at BP'ers area at TM? Resupply	15	167	28
12	12	TM to Shepard Lake	Get over Sky Pilot col in PM	15	182	13
13	13	Shepard Lake to Mono Village	Finish last day at 13	13	195	0
				14 & 14		
OPT day 1	Camp	Onion Valley over Kearsarge down Bubbs	Long trail miles-20- but all trail- easy Permit!	20		195
1	1	Copper Cr trail to Glacier Lake	5,000' gain 3 passes heaviest pack	12	12	183
2	2	Glacier Lk to Upper Basin	Camp before JMT intersect. Do Frozen Lake Pass PM	14	26	169
3	3	Upper Basin to Dusy Basin	Camp start of Dusy Basin	14	40	155
4	4	Dusy Basin to Evolution Lk	Camp Evolution Lk. 15 mi of JMT trail	18	58	137
5	5	Evolution Lk to Elba Lk	Camp Elba Lk	14	72	123
6	6	Elba Lk to Mills Cr Lk area	Camp Mills Cr Lk	15	87	108
7	7	Mills Cr Lk to Virginia Lk	Camp Virginia Lk	14	101	94
8	8	Virginia Lk to Reds	Camp Reds. Almost all trail miles Major Re-supply here.	18	119	76
9	9	Reds to Garnet Lk area	Camp Garnet Lk	15	134	61
10	10	Garnet Lake to Isberg Trail Jct	Camp before Isberg Trail Jct.	14	148	47
11	11	Isberg Jct to Tuolumne Pass	Camp other side Tuolumne Pass	14	162	33
12	12	Tuolumne Pass to Great Sierra Mine	Camp Great Sierra Mine. Short miles, re-supply TM	10	172	23
13	13	Great Sierra Mine to Soldier Lake	Camp Soldier Lake	14	186	9
14	14	Soldier Lake to Mono Village	Northern Terminus of SHR	9	195	0